

Giddy Up!

Get Moving!

(Toddlers-4 years,











Materials:

- □ Stick horses, prepared See next page for printable. Print out enough horse heads to make a several stick horses. Cut out. Roll sheets of newspaper to make tubes. Tape two horse heads back to back to the end of the tube.
- ☐ Materials for making an obstacles for a horse show (e.g., lawn chairs, cardboard boxes, orange cones, etc.—children's choice)
- It's time for a horse show! During this experience, the children will not only build gross motor skills, they will also work together toward a common goal. In the process, the children will need to practice problem-solving skills and working together. In addition, as children ride their "horses," you will be able to incorporate positional concepts into the experience as well.
- Show the children the stick horses you made ahead of time. Talk about how many fairs have horse shows where horses jump over, and go around, obstacles. Invite interested children to use materials found in your outdoor play space to create obstacles. Once the obstacles are ready, invite the children to ride the stick horses over, around, through, between, etc. the obstacles. Be sure to describe their actions while doing so.
- Advanced preschoolers will probably have some great ideas for creating obstacles. In addition, they will probably assume a leadership role during this experience...guiding other children during the creation of obstacles.



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